

EMERALD EXPRESS INTERNATIONAL INTRODUCES THE POWERFUL NEW SEA VEGETABLE SUPERFOOD SUPPLEMENT, EMERALD SEA

Emerald Express International, a visionary company dedicated to bringing the highest-quality consumable nutritional products to the online shopping community, recently announced the introduction of new Emerald Sea to its premium health-related product line. A proprietary blend of seven sea vegetables that are individually certified organic by the QAI/OCIA, Emerald Sea 100% Vegetable Capsules can provide your body and cells with the vital nutrients needed for optimal health, homeostasis, and regeneration.

According to Adrian Goad, President of Emerald Express, and a health/nutrition research expert who stresses the growing knowledge of seaweed benefits, and importance of organic seaweed for wellness and weight loss, "Sea vegetables have the broadest range of minerals of any food, containing virtually all the minerals found in the ocean - the same minerals that are found in human blood. Sea vegetables are an excellent source of iodine and vitamin K, a very good source of the B-vitamin folate and magnesium, and a good source of iron and calcium, and the B-vitamins riboflavin and pantothenic acid."

The consumption of sea vegetables enjoys a long history throughout the world. Archaeological evidence suggests that Japanese cultures have been consuming sea vegetables for more than 10,000 years. In ancient Chinese cultures, sea vegetables were a noted delicacy, suitable especially for honored guests and royalty. In fact, many of the world's longest living cultures consumed sea vegetables regularly. Goad explains that Western cultures are only recently beginning to enjoy the nutritional value of sea vegetables, and that Emerald Sea is an outstanding way to incorporate these vital elements into our diet.

"Emerald Sea contains a special blend of seven (7) certified organic sea vegetables that are sustainably hand-harvested and carefully sun-dried to retain all the natural raw food benefits of these amazing plants," Goad

continues. “Just by taking one or two capsules with each meal, you will drastically improve the number of whole-food nutrients in your daily diet and start to feel the positive impact of seaweed benefits on your health!”